RESCUE PLAN

Société des Régates Rochelaises



1- SAFETY ARRANGEMENTS

Overview

The offices are in the clubhouse of the Société des Régates Rochelaises (SRR) in the Minimes Yacht Harbour of La Rochelle

The Race control centre room is on the ground floor, behind the welcome desk, and is equipped with VHF radio to monitor communications during regattas.

a) Communications

Landline telephones

Reception desk & switchboard	05 46 44 62 44
Workshop (Bosun)	05 46 34 89 37
Race control centre	05 46 34 89 35 + VHF
Club House	05 46 34 97 35
Accounts	05 46 34 97 35
Claire Fountaine (Commodore)	07 61 76 62 13 (GSM)

CROSS (Marine Rescue Coordination Service) 02 97 55 35 35 VHF Ch 16

Minimes yacht harbourmaster's office VHF Ch 9
Commercial Harbour Master VHF Ch 12

All official rescue & support boats carry a PORTABLE VHF radio.

Committee boats are equipped with fixed (25W) VHF Radio.

There is a fixed (25W) VHF in the Race control centre room (PC COURSE).

The VHF channels to be used will be specified at the briefing before the sailing.

Other club information

Ecole de Voile Rochelaise	05 46 44 49 20	VHF	08
ASPTT	05 46 34 18 87	VHF	72-77 ou 69

b) Safety equipment, rescue and first aid.

The skipper of any club RIB shall be responsible to ensure that all safety equipment including lifejackets and VHF radio is on board, and in working order before going to sea, according to government regulations.

c) Weather forecasts

The official (Météo France) weather bulletin will be displayed each day on the official notice board. All other Notices to Mariners, and local regulations are available at the Harbourmasters office.

d) Access for ambulance and fire service

The road between the main parking, and the Clubhouse to the Harbourmasters office must be kept clear at all times, to allow emergency vehicles access.

In the event of any serious injuries occurring on the water, casualties will be landed on the pontoon by the fuel pumps, in front of the Harbourmaster's Office of the Minimes Yacht harbour.

e) Racing areas

GPS positions for the centre of the race areas will be announced by the Principal Race Officer

2 - PROCEDURE IN THE EVENT OF ACCIDENT OR OTHER INCIDENT WITH INJURIES OR RISK TO PERSONAL SAFETY

a) Ashore

The first person who is witness to an incident or injury MUST take immediate action to ensure that appropriate help is given:

- 1 Determine the danger zone or area around the injured person, and keep unnecessary spectators at a safe distance.
- 2 Call the emergency services (18 for the Fire service, 15 for Accident and Emergency Ambulance), giving details of the exact location, type of incident, the number of victims, and the extent of injuries.
- 3 Contact a club official, the family or coach of the victim, as appropriate.
- 4 Comply with all orders given by the Emergency services.

Minor injuries can be treated on the site, using the first aid material available.

A Chemist's shop (Apothecary) is situated about 250m from the Clubhouse near the roundabout towards the town centre.

DO NOT give medication without specific medical advice.

DO NOT transport injured persons in your own vehicle.

In case of Fire

If a fire starts in the club buildings, immediately ensure that the endangered area is evacuated, and inform the person in charge, who will call the Fire Service without delay, and decide if the entire building needs to be cleared. This person will also ensure that no persons are still in danger. DO NOT run, use the emergency exits available. There is a loud-speaker system to give instructions (the microphone is near the welcome desk).

b) Afloat and at sea

- ${\bf 1}$ Any incident should be reported to the Race Committee using the VHF channel allocated to the race area.
- 2 The Race Officer will contact the Race Control Centre at the Clubhouse, to organise appropriate assistance, and will determine how the casualty(ies) will be taken ashore.
- 3 Inform the Safety boat leader using the appropriate VHF channel.
- 4 In the event of any injuries occurring on the water, casualties will be landed on the pontoon by the fuel pumps, in front of the Harbourmaster's Office of the Minimes Yacht harbour.
- **4b In the event of serious injuries,** the CROSS (Marine Rescue and Search Service) (Coastquard) will be called using the VHF Ch 16.
- 5 Whatever the extent if injuries, all incidents should be reported to the Race Committee, and the Club Commodore, as soon as possible.

Minor injuries can be treated on the site, using the first aid material available.

In case of doubt about the extent of injuries, the emergency services should be called, a club official, the family or coach of the victim, should be informed, as appropriate.

3 - ORGANISATION OF RESCUE SERVICES

Person in charge

The Principal Race Officer

Conditions to determine if outside

The Club Official at the Race control centre will call rescue and emergency services if he considers that this is necessary. In the event that that person is not present and in case of assistance is required imminent danger any other person present should take appropriate action.

Follow-up and communications during an incident.

The Principal Race Officer (or someone designated by him), will manage the real-time following of the incident. He will also inform the duty Officer of the Club

End of incident

When the incident is finished, it is very important to be certain that all services and persons involved are informed.

During the entire alert, the person in charge (or someone designated by him), must note in the official log book:

- Date, time of the alert and by what means the alert was given

Log Book entry

- Time of request for outside assistance
- Chronological notes of information received, and orders given
- Means of communication (telephone numbers, etc.) used to inform authorities, family etc.
- Date and time of end of incident, and persons informed.

Checking of safety equipment

The club is responsible for the regular checking of the condition and availability of safety equipment.

Periodical controls

In order to achieve this, there will be annual inspection, and at all times staff must report any irregularities.

Any remarks, and reports of repairs carried out to safety equipment must be recorded in the specific register.